



wellpoint.com

Uniting Parents



CHILDREN WITH SPECIAL HEALTH CARE NEEDS

Family
And
Provider

RESOURCE HANDBOOK

Twelfth Edition
2024



Uniting Parents

Empowering families. Enhancing lives.

Uniting Parents

is a
program of the
Coalition of Health Services, Inc.

1-888-892-2273
www.cohs.net/Uniting-Parents

[https://www.facebook.com/
UnitingParentsAmarillo/](https://www.facebook.com/UnitingParentsAmarillo/)



Coalition of
Health Services, Inc.



806-507-4125

www.AppleHMS.com PediatricHomeService.com

After Hours On-Call Service Available
24 Hour Support
Brand-name Medical Supplies
Training for all Caregivers
Free Delivery
Habla Español

One-Call Convenience

Send us the patient demographics and we do the rest!

- Insurance Verification
- Coordinate Paperwork
- Doctor & Insurance Approval Follow Up

Clinical Excellence

- Highly experienced clinical teams localized across the state
- 24/7 on-call Licensed RTs and RDs

Unmatched Support

- Personalized training and education for patients and caregivers
- Step-by-step ordering process support
- Emergency delivery available
- Training for nursing staff on ventilators and more

Dedicated to Service

- Same-day setup available
- Expansive service area to all Texas counties
- 24-hour emergency on-call service
- Compassionate, courteous, and consistent care

Patient-Centered Programs

- Emergency Back-up Supply Program
- Replacement Feeding Tube Program
- Temporary supplies available for uninsured patients

Services you can count on:

- **Respiratory Services**
 - Ventilator
 - Airvo
 - Oxygen
 - Oximeter
 - CPAP / BPAP
 - Trach
 - Suction
 - 50 PSI
- Enteral / Tube Feeding
- Specialized Formulas
- Incontinence
- Diabetic
- Urological
- General DME

We offer hospital and in-home training for all caregivers and family members. Apple understands the delicate nature of caring for a loved one in a home setting and we take extra steps to reassure your family of our dedication to providing the best possible service.

That's the Apple difference.

Apple Homecare Medical Supply, Inc. + Pediatric Home Service

www.AppleHMS.com

Lubbock Office: 806-507-4125

www.PediatricHomeService.com

Corporate HQ: 866-33-APPLE (866-332-7753)

Email: AppleLubbock@AppleHMS.com

Monday - Friday, 8:30 AM - 5:00 PM



Public Health

Prevent. Promote. Protect.

City of Amarillo

**Promoting health and preventing disease
in Potter and Randall counties.**

**1000 Martin Road,
Amarillo, TX 79107
Phone: 806-378-6300
Fax: 806-378-6306**

24 Hour Emergency Number: 806-680-8980

**[https://www.amarillo.gov/departments/
community-services/public-health](https://www.amarillo.gov/departments/community-services/public-health)**

From the Director:

Uniting Parents has been serving families and their children since 1991 with our case management program. Since 1997, we have been part of the non-profit agency, the Coalition of Health Services, Inc. The first resource handbook was printed in 2000. It is now with great pleasure that Uniting Parents brings you the 11th edition of the Children with Special Health Care Needs Family and Provider Resource Handbook. My desire is that this handbook will help you fulfill the resource needs of your family member or the children and youth you serve.

This handbook will provide family members and advocates with information of local, regional, state, and federal programs available to individuals with disabilities. This handbook is meant as a reference tool to be used with the purpose of empowering families and enhancing the lives of as many individuals with disabilities as possible.

Uniting Parents will distribute this handbook to as many parents, guardians, family members, young adults and service providers as possible. Together we can make a difference in the abilities of all. Thank you to our sponsors for their gracious donations.

I am requesting your help in keeping this handbook accurate since agencies do change their names and phone numbers. Please help me better serve you by sending any comments regarding the content of this resource handbook to my email or my phone number.

My sincerest gratitude to the Coalition of Health Services, my staff and all the families caring for their loved ones who are impacted by the use of this Children With Special Health Care Needs Resource Handbook.

*Sincerely,
Maria Garcia, M. Ed.
Program Director
Uniting Parents
806.337.1700 ext. 212
maria.garcia@cohs.net*

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Kidds Kids
Make-A-Wish Foundation North Texas
Office of Deaf and Hard of Hearing
Panhandle Community Services (PCS)
Panhandle Down Syndrome Guild (PDSG)
Ronald McDonald House



PANHANDLE
down syndrome
GUILD

806.670-1568

pdsg.org

panhandledsg@yahoo.com

Facebook: @panhandleDSG

A network of friends and families that are here to help. We provide education and resources to care providers of people with DS. Please reach out if you have any questions or would like to get on our contact list.



Uniting Parents
Empowering families. Enhancing lives.



PALS HOME HEALTH
 PASSIONATE ABOUT PEDIATRIC HEALTH
 WACO · LUBBOCK

Pediatric Private Duty Nursing

We specialize in providing amazing home health care to technologically dependent pediatric patients throughout West Texas & the Panhandle

806-705-8607

PALSHomeHealth.com

facebook.com/PALSHHLubbock



Galliant

AUTISM CARE

806-395-4928

7 Medical Dr
 Amarillo, TX 79106

<https://www.galliantcare.com/>

Family Support Programs - continued

- Services of Hope- Amarillo
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- Texas Scottish Rite Hospital
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22qTexas
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Boy Scouts of America South Plains Council
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Camp Alpie - Ceta Canyon Retreat Center
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Camp Sweeney
Cook Children's Camps for Kids
CPals
du Ballon Rouge
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Kamp Kaleidoscope
Muscular Dystrophy Association Summer Camp
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Texas Lions Camps
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Very Special Camps

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**A
program of the
Coalition of Health Services,
Inc.**

**1-888-892-2273
www.cohs.net/Uniting-Parents**

**[https://www.facebook.com/
UnitingParentsAmarillo/](https://www.facebook.com/UnitingParentsAmarillo/)**



417 SW 10th Ave.
Amarillo, TX 79101
(806) 374-1400
PILC.ORG

YES Program

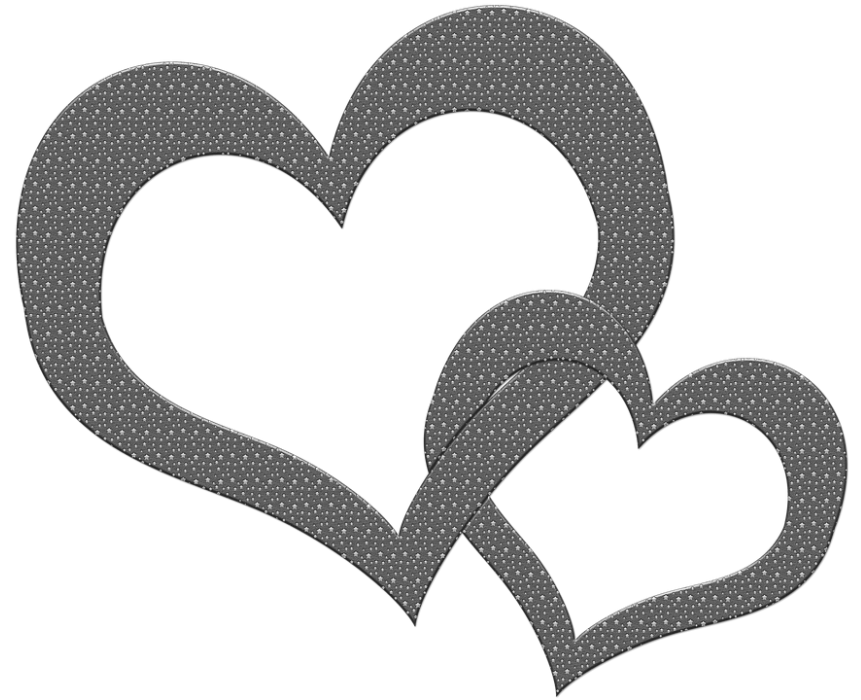
YES (Youth Encountering Success) is a
year-round program for
youth ages 14-24.
Call PILC for details.



amarillo

CHILDREN'S CLINIC

SHARI MEDFORD, MD & REBECCA SCOTT, MD



“Courage does not always roar. Sometimes courage is the quiet voice at the end of the day saying “I will try again tomorrow!”
~ Mary Anne

“Love so that when your children think of love, fairness, integrity, and tenderness they think of you.”
~ Unknown

“Children with special needs aren’t sent to special parents, they make parents special.”
~ Unknown

“I saw that you were perfect and so, I loved you. Then I saw that you were not perfect, and I loved you even more.”
~ Unknown

Adolescent & Adult Programs

Advocacy and Disability Resource Centers-ADRC

ADRC Panhandle	South Plains ADRC
1-855-937-2372	1-855-937-2372
https://panhandleadrc.org/	https://southplainsadrc.org/

- ❑ Information on resources
- ❑ Education on planning for future needs

The ADRC targets older adults and people with disabilities with the goal of empowering individuals to make informed choices about services.

Amarillo City Transit

Amarillo	806.378.3095	TTY at 7-1-1
amarillo.gov/departments/community-services/transit		

- ❑ For fare information, please see the website above.
 - ❑ Times of Operation– 6:20am-7:00pm
- ACT-Connect:**
- ❑ Individuals with disabilities who cannot navigate the fixed route buses.
 - ❑ Application process
 - ❑ Hours of Operation– 6:20am-7:00pm

Public transportation providing both regular fix routes and demand responsive service for certified Amarillo citizen who cannot physically use accessible fixed route buses. The service is operated Monday through Saturday, except holidays.

Goodwill Industries of Northwest Texas

Amarillo	Plainview	Lubbock
806.331.6890	806.293.1055	806.744.8419
www.goodwillnwtexas.org		

- ❑ Placement & Support Services
- ❑ Rehabilitation Programs
- ❑ Resources for Farmers & Ranchers with Disabilities
- ❑ Thrift Stores

Provides vocational evaluations and training, personal and social development, sheltered employment, job placement, and independent living classes for adults with disabilities. Thrift stores available with affordable clothing and household items.



**BETTER
UNDERSTANDING
OF DOWN SYNDROME**



Uniting Parents
Empowering families. Enhancing lives.

**NAVIGATION
FINANCIAL GROUP**

CARMELLA NODINE, CFP®

📞 O: 806-242-0682 C: 806-236-5822

📍 801 S. Fillmore St., Ste 530
Amarillo, TX 79101

✉️ cnodine@navigationfinancial.com

www.navigationfinancial.com

Our sincerest appreciation to the following organizations for sponsoring our CSHCN Resource Handbook.

Funding for Uniting Parents is made possible through grant funds from the following agencies:



Coalition of Health Services, Inc.



TEXAS Health and Human Services

Texas Department of State Health Services

Legal Aid of Northwest Texas

Amarillo	Lubbock	Plainview
806.373.6808	806.763.4557	806.293.8491
Toll Free	Toll Free	Toll Free
800.955.6808	800.933.4557	800.955.8491
Legal Aid Toll-Free Line - 888.529.5277		www.lanwt.org

- ❑ Legal Services
- ❑ Counseling Services

Provides many civil legal services to qualifying residents. Free general clinics include: Family Law, Probate, Wills, Bankruptcy, Power of Attorney, Adoption, Directive to Physicians, housing issues, etc. Closed holidays.

LIFE Inc. Center for Independent Living
Lifetime Independence for Everyone (LIFE, Inc.)

Lubbock	806.795.5433
http://liferun.org/	

- ❑ Advocacy
- ❑ Information & Referral
- ❑ Peer Support
- ❑ Independent Living Skills Training
- ❑ Home By Choice Nursing Home Relocation Program
- ❑ Purchased Services Program
- ❑ Social Security Representative Payee Services
- ❑ Accessible Health and Fitness Center
- ❑ ASL Interpreting

LIFE, Inc. provides individuals with disabilities the information and skills necessary to become independent and to achieve full inclusion in every aspect of their communities. Services are provided regardless of disability, age, gender, race, or ethnicity.



PILC-Different, Not Less

Amarillo	806.374.1400
www.pilc.org	

- Employment and Ticket to Work
- Independent Living Services
- TBI Support Group
- Peer Support
- Computer Training
- YES- Youth Empowerment Program
- Housing
- Fitness
- Transportation Training
- Operation VIP

PILC is a Center for Independent Living, one of 27 centers in Texas. PILC believes in, stands for, and works to establish the dignity of every human being and to show the world that someone with a disability has every right and capability as someone who does not have a disability.



NOTES



WorkForce Solutions Panhandle

Amarillo	Lubbock
806.372.5521	806.765.5038
Toll Free	Child Care Services
877.967.5228	806.744.3572
wspanhandle.com	www.workforcesouthplains.org

- Resume Building
- Job Training
- Job Matching & Referrals
- Career Counseling
- Job Readiness Classes
- Community Resource Information
- Childcare Services
- Veteran Services
- Youth Services
- Career Placement & Development

Workforce Solutions, Panhandle and South Plains, is proud to provide employment and childcare services to residents throughout the Texas Panhandle and South Plains. They assist area employers in finding and hiring employees, while helping residents develop the necessary skills for obtaining the jobs of today.

Zacchaeus' Place

Amarillo	806.352.5647
bthompson@southwest.org	

This ministry is part of The Hali Project and administers to adults with special needs. Meets at Southwest Church of Christ. The goal is to provide a place for adults with special needs to call their spiritual home, learn about Jesus and his love for them, and pray. It's a place where they can use their gifts to help teach the class, pray for one another, and make new friends.

The class also meets twice a month for social nights which include pizza.



Panhandle Behavioral Health Alliance

806-350-5277

Parmer Medical Center -Frona

806.250.2754

ProStep Rehabilitation, a H2Health Company

806.468.7611 Amarillo

806.274.9856 Borger

ProStep Rehabilitation— a H2 Health Company- Lubbock

806.796.1774

ResCare Services

806.356.8416

Sentido Health Care

731-955-2123 Tomball Texas

Specialized Therapy Services

806.468.9400

Superior HealthPlan

800.218.7453

Swisher Memorial Hospital District

806.995.3581

Texas Attorney General—Child Support Division

800.252.8014

The Hope and Healing Place

806.371.8998

Therapy 2000

806-553-7780

Touch of CLASS

806.467.1700

Turn Center

806.353.3596

United Healthcare Texas Dental

763.361.1973

United Way– Amarillo Canyon area

806.376.6359

United Way of Lubbock

806.747.2711

University Medical Center -Lubbock

806.775.8200

Wellpoint-formally Amerigroup

800.964.2777



Guyon Saunders Resource Center
806-373-0704

Hansford County Hospital District-Spearman
806.659.2535

Haven Health Clinics
806.322.3599

Hemphill County Hospital (Canadian)
806.323.6422

Hereford Regional Medical Center
806.364.2141

Hightech Rehab Solutions
210.698.9377

High Plains Children's Home - Pa & Megan's Place
806.622.2272

Hospice of Lubbock
800.795-2751

Imagine Enterprises
888-437-4213

Lubbock Adult Education Center
806.281.5750

Lubbock Community Services for the Deaf
806.795.2345

Lubbock Family Guidance & Outreach Center
806.747.5577

**Lubbock South Plains Area Agency on Aging/
806.687.0940 I & R Contact Center-211 option 1**

Moore County Hospital District-Dumas
806.935.7171

Northwest Texas Healthcare System
806.354.1000

Ochiltrie General Hospital-Perryton
806.435.3606

Open Road Mobility
806.353.2747

PALS Home Health
806.705.8607

Panhandle Regional Planning Commission/ Area Agency on Aging
806.372.3381

Advocacy and Education

Amarillo College Disability Services

Amarillo	acdisability@actx.edu
806.345.5639	www.actx.edu/disability

- Personalized Academic Advising & Accommodations
- Specialized Testing & ADA Classroom Accommodations
- ADA Classroom & Testing Accommodations
- LITE Scholarship

Works with students, faculty, and agencies to provide a smooth transition into college while providing appropriate academic accommodations. Provides funding through the Living Independently Through Education (LITE) Scholarship program, awarded every Spring for following academic year.

Arc of Texas

Austin	The Arc of Potter & Randall Counties	Toll Free
512.454.6694	806.282.0535	800.252.9729
www.thearcoftexas.org		

- Information & Referral Services
- Advocacy & Education
- Legislative Training
- Master Pooled Trust

An organization that supports and advocates. They work alongside individuals with IDD and their families to identify barriers and solutions to inclusive education, competitive integrated employment, quality community-based services and supports, and access to civil rights and justice.

Burkhart Center for Autism Education and Research

Texas Tech University—Lubbock	806.742.4561
www.burkhartcenter.org.	

- Texas Telehealth Outreach Clinic for Autism
 - Applied Behavioral Analysis Training (ABA)
 - Online Resource Guide
 - Burkhart Transition Academy
 - CASE: Connections for Academic Success & Employment
- Provides ABA training and consultations, postsecondary educational transition program for people with ASD; helps parents find resources in the community and provides both educational and social events for families.

Disability Rights Texas

Amarillo/Lubbock Area	Headquarters/Central Texas
806.765.7794	512.454.4816
www.disabilityrightstx.org	

- Information & Referral Services
- Advocacy & Legal Assistance
- Protect Rights and Educate Policy makers

Disability Rights Texas protects and advocates for the rights of people with disabilities. They provide legal assistance, educate and inform policy makers, family members and the community about the rights of people with disabilities, and make referrals to programs and services.

Family Support Services

Amarillo	Toll-Free	Crisis Number
806.342.2500	844.363.3452	806.374.5433
https://fss-ama.org		

- Education and Prevention
- Emergency Housing Services
- Crisis Response and Support
- Behavioral Health and Wellness
- Veteran's Resource Center

Our mission is "to empower individuals and families through comprehensive advocacy, education, and intervention services"

Head Start | ECLKC

Early Childhood Learning & Knowledge Center

Amarillo	Tulia	Plainview/Lubbock
806.677.5333	806.995.3225	806.762.8815
https://eclkc.ohs.acf.hhs.gov/center-locator		

- Head Start Classes, ages 3-5
- Early Head Start Classes, ages 0-3
- Home Visitation Services in some locations
- Developmental Delay or Qualifying Diagnosis
- Case Management Services

Head Start offers free, high quality child development services to income eligible families with children ages 0-5 years old. Head Start and Early Head Start is child-focused learning, but also provides comprehensive services to the child's family.

Children's Medical Center of Dallas
214-456-7000

City of Amarillo
806.378.3000

City of Lubbock
806.775.3000

Childress Regional Medical Center
940.937.6371

Coalition of Health Services, Inc.
806.337.1700

Collingsworth General Hospital -Wellington
806.447.2521

Community Options of Amarillo
806.379.6901

Coon Memorial Hospital-Dalhart
806.244.4571

Cornerstone Outreach Ministry
806.381.2131

Covenant Hospital -Lubbock
806.725.0000

COVID-19 Mental Health Support Line
833.986.1919

D&S Community Services, LLC—Amarillo
806.803.9268

D&S Community Services, LLC—Lubbock
806.799.1721

DynaVox Technologies
800.344.1778

Faith City Mission
806.373.6402

Family Support Services
806.342.2500

FirstCare Health Plans
800.431-7798

Galliant Autism Care
806.395.4928

Golden Plains Community Hospital-Borger
806.467.5700

Other Helpful Numbers

**Emergency Ambulance, Fire, & Police
911**

**National Suicide Prevention Lifeline
988**

**United Way Human Services & Resources
211**

**Accolade Home Health Care - Amarillo
806.352.2746 or 806.358.0707**

**Accolade Home Health Care - Dumas
806.934.2000**

**ADVO Companies, Inc.
806.342.0600**

**Amarillo ABA
806.367.9358**

**Amarillo Children's Clinic
806.468.6277**

**Angels of Care Pediatric Home Health
806.353.2700**

**ASCI Day Program—Texas Panhandle Centers
806.383.1253**

**Aveanna Healthcare
806.353.2101**

**Baptist St. Anthony's Health System
806.212.2000**

**Bethesda Ministry Center
806.381.0361**

**BritKare Home Medical– Amarillo area
806. 351.2500**

**Caprock Home Health Services
806.463.7051**

**Castro County Hospital District
806.647.2191**

**Catholic Charities of the Texas Panhandle
806.376.4571**

**Children's Home Healthcare
806.367.6612**

High Point Village

Lubbock

800.698.0015

www.highpointvillage.org

- ❑ Educational Center
- ❑ Reach High and Dream Big day programs
- ❑ Afternoon Enrichment Classes

High Point Village's mission is to create a village where individuals with intellectual and developmental disabilities can live, learn, work, worship and achieve their full potential. They offer a variety of developmental activities including Music Therapy, a Special Olympics team, summer camps, and various social parties throughout the year

National Organization for Rare Disorders (NORD)

Patient Services

617.249.7300

<https://rarediseases.org>

- ❑ Rare Disease Database
- ❑ Patient & Caregiver Resource Center
- ❑ Education and Advocacy
- ❑ Patient Assistance Program

Provides a clearinghouse of literature on rare disorders and offers networking, support, and education to families with children having similar disorders. Provides advocacy and support to providers.

Navigate Life Texas

www.navigatelifetexas.org

- ❑ Statewide Support & Information web-based site
- ❑ Words by Parents for Parents
- ❑ Available in Multiple Languages

Features information, resources and support for families raising children and young adults with disabilities.



Learning Knows No Bounds

Parent Companion

Toll Free	866.896.6001
http://www.parentcompanion.org	

- Resources for parents and caregivers of children from birth through 5 years of age
- Information about disabilities

Parent Companion was written by parents like you to give you support and inspiration with trustworthy, and relevant information on agencies, transition, family life, support, diagnosis, and development.

Partners Resource Network Parent Education Network (PEN)

El Paso Regional Office	Toll Free
915.259.8717	833.847.2686
http://prntexas.org/texas-ptis/pen-project/	

- Training for Parents and Youth
- Information & Referral Services
- Emotional Support
- Available Statewide

PEN Project is a grant project of Partners Resource Network, the federally funded Parent Training and Information Center. PEN Project empowers parents of children and youth with disabilities in their roles as parents, decision-makers, and advocates.



Northwest TX J.O. Wyatt Clinic

1900 SE 34th Ave. Ste. 1800
Amarillo, TX 79118
806-351-7540
Medicaid and CHIP accepted

NW TX Physician Network

104 N. Bryan St.
Borger, TX 79007
806-274-3627
Medicaid and CHIP accepted

Ositadinma O Opara, OD

224 S. Bliss Ave.
Dumas, TX 79029
806-935-4686
Medicaid and CHIP accepted

Panhandle Pediatrics

1500 S Coulter Ste #1
Amarillo, TX 79106
806-354-0404
Medicaid and CHIP accepted

Regence Health Network

Ross St.
Amarillo, TX 79118
806-374-7341
Medicaid and CHIP accepted

Regence Health Network

125 West Park Ave.
Hereford, TX 79045
806-364-7688
Medicaid, CHIP & CSHCN accepted

Southpark Pharmacy

5901 S Bell Ste C-32
Amarillo, TX 79109
806-358-2428
Medicaid only

Texas Tech Family Medicine & Internal Medicine

1400 S Coulter Ste #5100
Amarillo, TX 79106
806-351-3777 & 806-381-1732
Medicaid and CHIP accepted

Texas Tech Pediatrics

1400 S Coulter
Amarillo, TX 79106
806-414-9970
Medicaid, CHIP & CSHCN accepted

Texas Tech OB/GYN

1400 S Coulter 3rd Floor
Amarillo, TX 79106
806-414-9650
Medicaid and CHIP accepted

Women's & Children's NE Clinic

1411 East Amarillo Blvd
Amarillo, TX 79107
806-351-7600
Medicaid, CHIP & CSHCN accepted

Women and Children's SE Clinic

1900 SE 34th Ste #1800
Amarillo, TX 79118
806-351-7540
Medicaid, CHIP & CSHCN accepted

zClinic Family Health Care

1200 S. Ross Ave. Ste 100
Amarillo, TX 79102
806-418-6966
Medicaid and CHIP accepted

<https://www.hhs.texas.gov/services/health/medicaid-chip/provider-information>



Sponsored by the City of
Amarillo Public Health
Department

Local Medicaid and CHIP Clinics

Amarillo Children's Clinic

#17 Care Circle
Amarillo, TX 79124
806-468-6277

Medicaid and CHIP accepted

Amarillo Pediatric Clinic

1901 Medi Park Dr Ste #65
Amarillo, TX 79106
806-468-4333

Medicaid and CHIP accepted

Amaro Integrative Medicine

1901 Medi Park Drive, Ste. 1048
Amarillo, TX 79106
806-576-4999

Medicaid and CHIP accepted

Amy Upton Family Practice

6111 W. Amarillo Blvd.
Amarillo, TX 79106
806-420-3550

Medicaid only

BSA Family Medical Clinic

3501 Soncy Ste #150
Amarillo, TX 79119
806-212-6353

Medicaid and CHIP accepted

BSA Diagnostic Clinic

6700 SW 9th Ave.
Amarillo, TX 791096
806-358-0200

Medicaid and CHIP accepted

C&T Med LLC-Family Medicine

1901 Medi Park Ste. 1068
Amarillo, TX 79106
806.414.9970

Medicaid and CHIP accepted

Chris Lou Bunch, MD

120 Beard Ave.
Dumas, TX 79029
806-935-9005

Medicaid and Chip accepted

Children's Healthcare Associates

1901 Medi Park Dr Ste #2001
Amarillo, TX 79106
806-381-3244

Medicaid and CHIP accepted

Deaf Smith County Hospital

540 W. 15th St.
Hereford, TX 79045
806-364-7512

Medicaid and CHIP accepted

Faith Medical Clinic

1205 23rd. St. Suite 6
Canyon, TX 79015
806-557-4674

Medicaid and CHIP accepted

Golden Plains Rural Health Clinic

100 S. McGee St.
Borger, TX 79007
806-467-5700

Medicaid and CHIP accepted

Memorial Hospital

1515 E. 1st St. Ste. 100
Dumas, TX 79029
806-934-2983

Mr. Scott Gordon, PA

700 W. Broadway
Fritch, TX 79036
806-857-2311

Medicaid & CHIP accepted

Randy Hines MD PA

25 Medical Dr
Amarillo, TX 79106
806-677-0500

Medicaid and CHIP accepted

Family Medical Foundation, Inc.

1616 S. Kentucky Bldg. B Ste.100
Amarillo, TX 79102
806-350-8277

Medicaid and CHIP accepted

Region 16 & 17 Education Service Centers (ESC)

Amarillo ESC 16	Lubbock ESC 17
806.677.5000	806.792.4000
www.esc16.net	www.esc17.net

- Education and Training Opportunities for Professionals and Parents
- Technical Assistance and Information
- Non-Educational Community Based Services for Children at Risk of Placement

The Special Education departments of Region 16 and 17 provide professional development and technical assistance in the areas of assistive technology, auditory impairments, autism, behavior, evaluation, low-incidence populations, parent coordination/involvement, Early Childhood Special Education, progress in the general curriculum, speech-language pathology, statewide assessment, transition, and visual impairments. Direct services within districts is provided in the areas of orientation and mobility, teacher of the visually impaired, and auditory impairments.

Texas Home Visiting

Amarillo	Amarillo Area
806.337.1700	888.892.2273
www.cohs.net	

- Nurse Family Partnership (NFP)
- Parents as Teachers (PAT)
- Home Instruction for Parents of Preschool Youngsters (HIPPY)

The Texas Home Visiting Programs- Home Instruction for Parents of Preschool Youngsters, Nurse Family Partnership, and Parents as Teachers are free home visiting programs in Potter-Randall Counties. Each model works with a family based on the need and has a Home Visitor that provides age appropriate lessons for school readiness for pregnant moms and parents of children 0-5 years of age. Our Nurse Family Partnership program is equipped with a bachelor level Nurse Home Visitor that provides services to first time pregnant moms.

Uniting Parents

Administrative Office—Amarillo	Dumas Sub-Office	Lubbock Sub-Office
806.337.1700 ext. 212	806.935.8687	806.785.5818
888.892.2273	800.442.7893	877.488.9068
www.cohs.net/Uniting-Parents		

- ❑ Parent Case Management
- ❑ Information and Referral
- ❑ Education and Advocacy
- ❑ Transition to Adulthood

This program offers a network of support to families caring for children with chronic illnesses and/or disabilities under the age of 21 across 32 Texas Panhandle counties at no cost. Families are linked to trained parents who have experience in raising a child with a disability or chronic illness. The parent case managers help families and/or young adults with disabilities find the resources they need. Uniting Parents is one of several programs at the Coalition of Health Services, Inc., a non profit agency.

Where The Learning Continues WTAMU

Canyon	806.651.2037
https://www.wtamu.edu/academics/extended-studies/where-the-learning-continues.html	

- ❑ Post-High School Education for young adults with intellectual disabilities
- ❑ Four-year program reinforces math and vocabulary, and skills for independence
- ❑ Paid internships and opportunities to attend social activities on campus.
- ❑ Ages, 18-23 with minimal medical and no behavioral issues.

After completing eight semesters students participate in the WTAMU commencement ceremonies earning a certificate of completion. The WTLC program is not eligible for academic credit.

Texas Department of Housing and Community Affairs

800.525.0657

www.tdhca.state.tx.us

Texas Department of Protective and Regulatory Services Child Abuse & Neglect Hotline

800.252.5400 http://www.dfps.state.tx.us/Contact_Us/report_abuse.asp

Texas Education Agency

512.463.9734

<http://tea.texas.gov/>

Texas Hands and Voices

936.463.8948

<https://txhv.org/>

Texas Health Steps Client Helpline

877.847.8377

www.txhealthsteps.com/cms

Texas Hunger Initiative (THI)

254.710.6900

baylor.edu/hungerandpoverty

TexasLawHelp.org

www.texaslawhelp.org

Texas Parent to Parent

866.896.6001

www.txp2p.org

Texas Runaway Hotline (Peer Counseling)

800.989.6884

www.dfps.state.tx.us

Texas Tech Therapeutic Riding Center

806.742.2805

www.depts.ttu.edu/afs/ttrc/

Texas Transition

texastransition.org

Think College

617.287.4300

www.thinkcollege.net

Type One Area Diabetic Support

806.567.8005

www.texastoads.com

United Cerebral Palsy

866.827.1692

www.ucp.org

United Healthcare Children's Foundation

855.698.4223 / 202.776.0406

www.uhccf.org/

Wrightslaw

www.wrightslaw.com



Compassionate Friends

Lubbock: 806.401.7039 or 806.549.6476 Toll Free: 877.969.0010

www.compassionatefriendslubbock.org

- Available Nationwide
- Chapter in Lubbock
- Support and Information after a child passes away

Compassionate Friends is a national self-help, non-denominational organization offering friendship and understanding to bereaved parents, grandparents, and siblings.

Early Childhood Intervention Programs (ECI)

Region 16 ESC ECI (20 Northern Counties)	806.677.5228
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www.esc16.net

Texas Panhandle Centers ECI (Potter/Randall)	806.358.8974
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www.texaspanhandlecenters.org/early-childhood-intervention/

Central Plains Center ECI (Plainview)	806.291.4416
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www.clplains.org/services/eci

DEBT ECI (Lubbock)	806.219.0500
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Fax: 806.766.1286

- Available Statewide
- Children younger than 3 years old
- Developmental Delay or Qualifying Diagnosis
- Case Management Services

Provides a variety of home based services including: case management, therapies, evaluations, support, and other support services to families in order to help in the development and well-being of their baby.



Coalition of Texans with Disabilities

512.478.3366

www.txdisabilities.org/

Corporate Angel Network (CAN)

914.328.1313

www.corpangelnetwork.org

Council for Learning Disabilities

913.491.1011

www.cldinternational.org

Cystic Fibrosis Foundation

800.344.4823

www.cff.org

Danny's Wish

516.437.1719

www.dannyswish.org

Diabetes Foundation of the High Plains

806.414.9271

www.dfhp.org

Family Care Foundation

806-622-9473

www.FamilyCareFdn.org

Family Voices

888.835.5669

www.familyvoices.org

FEMA - Federal Emergency Management Agency

1.800.621.3362

www.fema.gov

Foster Care and Adoption Inquiry Line

800.233.3405 / 806.358.6211

https://www.dfps.state.tx.us/Child_Protection/children_in_our_care.asp

Got Transition

202.769.0486

www.gottransition.org/

HHSC Ombudsman Office

877.787.8999

hhs.texas.gov/about-hhs/your-rights/hhs-office-ombudsman

International Dyslexia Association Dallas Branch

972.233.9107 x222

<http://dal.dyslexiaida.org/>

Kiva Shrine

806.373.2845

<https://khivashrine.com/>

Learning Disabilities Association of Texas

www.ldatx.org

Legal Aid of Northwest Texas

888.529.5277 / 806.373.6808

www.lanwt.org

Legal Aid Society of Lubbock

806.762.2325

www.lubbocklegalaid.org

Lupus Foundation of America - Lone Star Chapter

972.919.6191

www.lupus.org/lonestar

Mission Amarillo

806.553.0408

www.missionamarillo.org

Additional Web Addresses & Phone Numbers

<u>7 Star Therapeutic Riding Center</u>	
806.355.4773	www.7starhorsetherapy.org/
<u>Advo Companies, Inc.</u>	
806.342.0600	Advocompanies.org
<u>Aging and Disability Resource Centers</u>	
800.642.6008	https://hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-center
<u>Apple Homecare Medical Supply</u>	
806.507.4125	www.AppleHMS.com
<u>Brayden's Gift</u>	
806.570.3022	Braydensgift.org
<u>Amarillo ABA</u>	
806-367-9358	https://amarilloaba.com/
<u>Americans with Disabilities Act</u>	
800.514.0301	www.ada.gov
<u>American Cancer Society</u>	
800.227.2345	www.cancer.org
<u>American Diabetes Association</u>	
1.800.342.2383	www.diabetes.org
<u>Arthritis Foundation</u>	
800.283.7800	www.arthritis.org/texas
<u>Autism Society of America</u>	
800.328.8476	www.autism-society.org
<u>Brain Injury Association of Texas</u>	
800.444.6443	https://www.biausa.org/
<u>Bridging Apps</u>	
713.838.9050	https://eastersealshouston.org/tech-tools/bridgingapps/
<u>CDC - Centers for Disease Control & Prevention</u>	
800.232.4636	www.cdc.gov
<u>Chari-T2000</u>	
877.688.2520	https://chari-t2000.org
<u>Childcare Services Program (Workforce Solutions)</u>	
806.744.3572	https://workforcesouthplains.org/
<u>Children with Hyperactivity and Attention Deficit Disorder (CHADD)</u>	
866.200.8098	www.ntxchadd.com
<u>Clinica Hispana Amarillo</u>	
806.418.4366	https://amd-clinicahispana.com/

Epilepsy Foundation of Texas

Amarillo	Lubbock	Toll Free
806.352.5426	806.785.1171	888.548.9716
www.eftx.org		

- Services Adults and Children
- Public and Professional Education and Awareness Program
- Medical Care
- Camp and Recreation Programs for people

The foundation leads the fight to overcome the challenges of living with epilepsy and accelerate therapies to stop seizures, find cures, and save lives

Family Care Foundation

Amarillo	Amarillo Fax
806.622.9473	806.622.3110
https://www.familycarefdn.org	

- Based on family income and resources
- Eligibility requirements

This foundation provides medical care and equipment for patients and families who demonstrate a need but cannot obtain such service or equipment.

Health and Human Services Commission (HHSC) - Blind Children's Vocational Discovery & Development Program

877-787-8999 select Language & Option 3	BlindChildrensProgram@hhs.texas.gov
www.hhs.texas.gov/services/disability/blind-visually-impaired	

- Available Statewide
- For individuals who are Blind and/or Visually Impaired
- Ages birth to 22 years of age

Assists individuals who are blind or visually impaired and their families with training and services, depending upon their goals and needs. Contact your school district for services.

Health and Human Services -Your Texas Benefits

Amarillo	Lubbock	Plainview
806.376.7214	806.744.7632	806.293.5193
https://yourtexasbenefits.com/Learn/Home		

- Eligibility requirements for each program
- Based on family income and resources
- Possible spend down of income on some programs

Find support services and review your benefits on Your Texas Benefits website. Applications are submitted to HHSC for approval. These programs assist eligible families with food stamps (SNAP), Temporary Assistance for Needy Families (TANF), CHIP, Medicaid, Medicaid Buy-In for Adults and Children, medical services for pregnant women and children, etc.

Irving	972.432.8595
www.kiddskids.org	

Kidd's Kids

- Child must be 5-12 years of age at the time of the trip
- Diagnosed with life-altering or life-threatening condition
- Child and family must live in Kidd Kraddick Morning Show listening area
- The family of the child nominated must show financial need

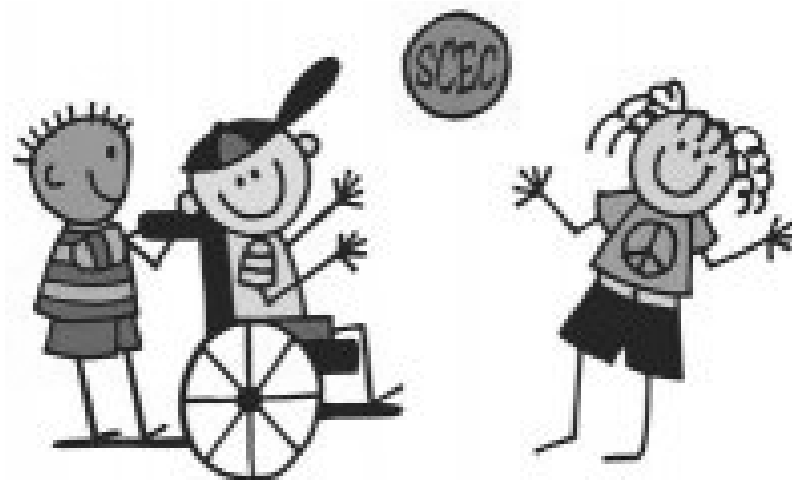
Kidd Kraddick founded Kidd's Kids in 1991 with a dream to make a difference in the lives of children and their families who were dealing with life-altering or life-threatening conditions. Since 1991, the charity has sent over 1000 kids and their families on a trip of a lifetime to Walt Disney World in Orlando, Florida. Our goal is to continue to grow that number each year.



Very Special Camps—Special Needs Summer Camps in Texas

www.verypecialcamps.com/Texas/Special-Needs-Summer-Camps.shtml

- ◆ **Camp Brainstorm (Rockport)** free camp for children and youth with Epilepsy.
- ◆ **Camp CAMP (Children's Association for Maximum Potential) (Center Point)** for children and adults with special needs who may not be eligible to attend other camps due to the severity of their disability or medical condition.
- ◆ **Charis Hills (Sunset)** Christian, co-ed camp helping kids with learning differences build confidence and find success. Welcomes kids with ADHA, LD, PDD, High -Functioning Autism, and Asperger's Syndrome.
- ◆ **HopeWell (Bryan)** where children and young adults with Autism and other developmental needs, have the opportunity to grow in their gifts and interests, develop practical life and social skills.
- ◆ **Oasis Education Summer Camp (Dickinson)** for children with special needs and their siblings.
- ◆ **Ranch Camp (Elgin)** for children with special needs.
- ◆ **SLICK Summer Language Intervention Camp for Kids (Richardson)** For kids with receptive and/or expressive language impairments.
- ◆ **True Knight Academy (Sugar Land)** for students with special needs age 5-22.



Texas Asthma Camp - Tyler, Texas

903.877.7075

www.asthmacamps.org

This one week camp in June is for children with asthma, ages 7-14. There is a cost for this camp but scholarships are available.

Texas Elks Camp - Gonzales, Texas

830.875.2425

www.texaselkscamp.com

Children ages, 7-21 with special needs must function independently. Financial aid available. Six different sessions starting in June until first of August.

Texas Lions Camps - Kerrville, Texas

830.896.8500

www.lionscamp.com

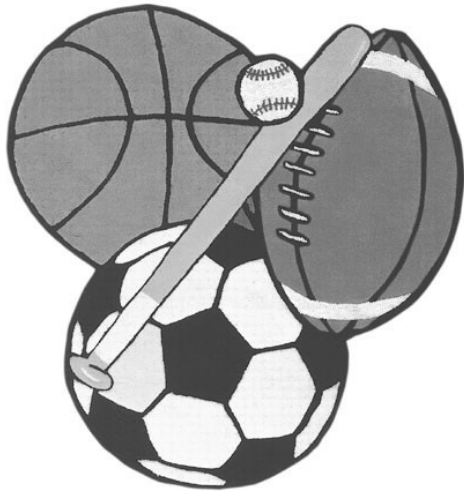
Free summer camps for children ages, 4-12 with physical disabilities, type 1 diabetes, Down Syndrome and cancer. Call your local Lions Club for dates and applications. Transportation available in some areas.

Texas Special Needs Camps and Programs

877.242.9330

<https://www.kidscamps.com/camps/texas-specialneeds-camps.camp>

This is a website that includes camps from across Texas for children with disabilities. Go to the website to do searches based on disabilities, different areas of Texas and interest.



Notes

Make-A-Wish Foundation North Texas

Amarillo	Lubbock	Toll Free
806.358.9943	806.785.9474	800.242.7167
https://wish.org/ntx		

- ❑ Children under 18 years old
- ❑ Child’s Physician determines eligibility

Make-A-Wish will grant any child with a life-threatening illness a wish of his/her dreams to enrich the human experience with hope, strength, and joy.

Office of Deaf and Hard of Hearing

Video phone: 512.410.6556	Voice: 512-438-4880
https://www.hhs.texas.gov/services/disability/deaf-hard-hearing/stap-services	

- ❑ Available Statewide
- ❑ Provides Specialized Telecommunication Equipment (STAP)
- ❑ Consumer and Interpreter Training Inquiries
- ❑ Consumer Communication Access

The Office of Deaf and Hard of Hearing Services is the center for awareness and education on deaf and hard of hearing issues and services in Texas. Our goal is to (1) help connect people to resources and services, (2) raise awareness, and (3) improve communication access. STAP is a voucher program that provides financial assistance to Texans with disabilities that interfere with access to the telephone networks for the purchase of specialized assistive equipment or services.

Panhandle Community Services (PCS)

Amarillo	Borger	Childress	Dimmit
806.372.2531	806.273.5177	940.937.6335	806.647.3244
Toll Free	Dumas	Pampa	Hereford
800.676.4727	806.935.5551	806.665.0081	806.364.5631

<https://www.panhandlehelp.org/>

- ❑ HUD Housing and Utility Assistance
- ❑ Transportation in Rural Counties
- ❑ Health Insurance Navigation and Free Tax Prep
- ❑ Family Development Program with Career Coaching

PCS is geared towards walking families out of instability and into stability. They serve the top 26 counties of the Texas Panhandle, through assisting low-income, elderly, those with disabilities and more.

Spike ‘n’ Wave Camp-Houston, Texas

Toll Free 888.548.9716

www.eft.org/programs-services/camps/camp-spike-n-wave/

For children with epilepsy, ages 8 to 14 and it is sponsored by the Epilepsy Foundation.

Special Olympics Texas

Amarillo: 806.374.7171

Lubbock: 806.788.1540

Toll Free: 800.876.5646

<https://www.specialolympics.org/>

Offers year-round training and competition in a variety of Olympic type sports for children and adults with intellectual disabilities. Competition is open to anyone ages eight and up. The Young Athletes Program begins at age 2. Opportunities for volunteers.



CPals-Burton, Texas

866.742.7284

cpathtexas.org/camp-cpals/

Cerebral Palsy Awareness Transition Hope for families with a child with cerebral palsy. Acceptance is based on priority for first time campers and on a first come first serve basis. There is no cost to families.

du Ballon Rouge - Burton, Texas

832.526.2139

www.tourettetexas.org/camp

Held annually in the hill country of Texas, dBR provides a setting for children with Tourette's syndrome to experience events and activities that can change the quality of their lives.

Girl Scouts of Texas Oklahoma Plains, Inc.

800.582.7272

www.gs-top.org/

Many different camps are offered for girls who are already in scouts or who are interested in becoming scouts. Call your local Girl Scout office for dates of camps.

Kaleidoscope-Kids Grief Camp - Lubbock, Texas

806.795.2751

<https://www.covenanthealth.org/hospice-of-lubbock/bereavement-support/>

A fun-filled camp in July for ages 5-17 who have experienced loss of a loved one.

Kamp Kaleidoscope - Anna, Texas

888.548.9716

www.eftx.org/programs-services/camps/kamp-kaleidoscope/

Open to teens, ages 15-19, with a primary diagnosis of epilepsy or seizure disorder. Kamp Kaleidoscope is usually the 2nd or 3rd week in July.

Muscular Dystrophy Association Summer Camp- Meridian, TX

972.480.0011

mda.org/summer-camp

Youngsters ages 8 to 17 who are affected by any of the 40 plus neuromuscular diseases in MDA's program and who are registered with MDA are eligible to apply. Applications are considered on a "first come, first serve" basis. There is no cost to families to send their children to camp. Application forms are available at your local MDA office.

Special Friends Camp - Panfork Baptist Church

806.681.9734 or 806.208.4068 or 806.447.2627

<https://www.panfork.org/summer-camp-schedule>

Camp for individuals, ages 14 and up who are diagnosed with intellectual disabilities and who have self-help skills. Camps begin the second week in June.

Panhandle Down Syndrome Guild (PDSG)

Amarillo – Panhandle Area

806.670.1568

<https://www.pdsg.org>

- Community Awareness and Education
- Networking and Social Events
- Parenting Resources to New Parents

The PDSG promotes awareness of the dignity, promise, and potential of all persons with this genetic condition, and advocates on behalf of people with Down syndrome in and around the Panhandle of Texas

Ronald McDonald House

Amarillo	Lubbock
806.358.8177	806.744.8877
www.rmhcofamarillo.org/web	www.rmhcsouthwest.com
Dallas	Houston
214.631.7354	713.795.3500
www.rmhdallas.org	www.rmhhouston.org

- Temporary Lodging
- Transportation to Nearby Hospitals

The House serves as a "home-away-from-home" for families of critically ill children who are receiving medical treatment in local hospitals.



Services of Hope-Amarillo

Amarillo and Surrounding Area	806.502.4111
https://www.servicesofhope.org/soh-amarillo	

- Community Food Boxes
- Senior Food Boxes
- Help Finder Resource
- First Time Home Buyers Program

Non-profit organization created to help find resources from other agencies, without requiring identification and clients can come on a weekly basis. Other services are available.

Supplemental Security Income (SSI)

Amarillo	Lubbock	Plainview
877.211.1113	866.467.0460	888.389.2571
www.ssa.gov		

- Available Statewide
- Children with Disabilities may Qualify
- Based on Family Income and Resources

Provides Medicaid coverage and monthly income assistance to eligible individuals who meet the strict criteria in the areas of disability, citizenship, finances, and resources.

Texas Department of Insurance

Toll Free	800.578.4677
tdi.texas.gov	

- Available Statewide
- Information and Advocacy

Assists families including parents of children with disabilities with problems they encounter with their insurance company.

Texas Hunger Initiative-Hunger Free Community Coalitions

Lubbock-South Plains Area	806.744.1344
https://texashungernetwork.org/network-coalitions-1/southplains	

- Has offices across Texas
- Works to assess local issues regarding hunger

The Texas Hunger Initiative works to eliminate barriers to food security and assesses local hunger problems. The Lubbock office can help regarding child nutrition and creating a hunger free community coalition.

Camp LIFE - Burton, Texas

979.862.2913 <https://camplife.tamu.edu/>
For children ages 5 and up with disabilities and their siblings.

Camp New Day - Ceta Canyon Camp and Retreat Center

806.414.9271 www.dfhp.org
Provides fun activities and support to children with Type 1 Diabetes. Children also learn skills to care for their diabetes.

Camp Summit, Inc. - Argyle, Texas

972.484.8900 www.campsummittx.org
Camp Summit provides a residential camping experience for children, youth and adults with disabilities in the Dallas area.

Camp Sweeney - Gainesville, Texas

940.665.2011 www.campsweeney.org
Camp Sweeney is provided for children and youth with diabetes, ages 6 to 18 that live near Gainesville.

Cook Children's Camps for Kids

682.885.4048 www.cookchildrens.org/patients/support-groups/Pages/camps.aspx

- ◆ **Camp Ailihpomeh:** For kids with hemophilia.
- ◆ **Camp Broncho:** For kids with severe asthma.
- ◆ **Camp Can Do:** For kids with vision impairments.
- ◆ **Camp Discovery:** For kids with ADHD.
- ◆ **Camp El Tesoro de la Vida:** For kids who have experienced the death of a loved one.
- ◆ **Camp Hope:** For kids with HIV.
- ◆ **Camp Jubilee:** For kids with sickle cell anemia.
- ◆ **Camp Lancelot:** For kids with Type 1 Diabetes.
- ◆ **Camp MDA:** For kids with muscular dystrophy.
- ◆ **Camp Moss:** For kids with heart disease.
- ◆ **Camp Neuron:** For kids with epilepsy.
- ◆ **Camp Oasis:** For kids with Crohn's and Colitis.
- ◆ **Camp Reynal:** For kids with kidney disease.
- ◆ **Camp Sanguinity:** For kids with cancer and their siblings.
- ◆ **Camp TLC:** For kids with spina bifida.

Recreational/Leisure Services
(check for availability)

22q Texas - Burton, Texas

469.952.1780 or 214.405.2817 www.vcfstexas.com/index.php
For families affected by 22q deletion syndrome.

Boy Scouts of America

806.358.6500 www.goldenspread.org

Boy Scouts of America South Plains Council

806.747.2631 www.southplainscouncil.org
Camp and after school opportunities are offered for registered Cubs and/or Scouts. Contact your local group for registration information.

Camp Agape

806.881.8106 www.campagapeamarillo.com/

- ◆ **El Porvenir Christian Camp - Montezuma, NM:** For students with developmental disabilities. Individuals are matched with camp counselors for a positive experience. A nominal fee is charged to each camper.
- ◆ **Talon Point - Channing, TX:** For individuals with disabilities, including those individuals with mobility concerns. There is no charge.
- ◆ **Camp Teen Agape:** For individuals with disabilities ages 13-20 and their families. There is no charge.
- ◆ **Camp Junior Agape:** For individuals with disabilities ages 3-12 and their families. There is no charge.

Camp Alpie - Ceta Canyon Camp and Retreat Center

www.campalpie.org

This free camp is available to children 7-14 years of age who have or have had cancer and their siblings. Parents can also enjoy Parents' Camp at the same time.

Camp El Tesoro - Fort Worth, Texas

817.831.2111 www.campfirefw.org

For children with mild physical and mental disabilities, grades 1 to 12. It is sponsored by Camp Fire USA First Texas Council in Fort Worth.

Camp Janus - Brenham, Texas

281.947.2154
www.campjanus.org/

A unique recreational, therapeutic, and educational opportunity for ages 5-18 who have recovered or are recovering from burns.

Texas Panhandle Centers (TPC) Autism Program

Amarillo	806.351.3453
www.texaspanhandlecenters.org/autism-program/	

- ❑ Intensive Interventions for Children with Autism
- ❑ Education and Skills Development
- ❑ Children ages 18 months to 10 years

The Autism Program provides individualized and group treatment teaching children the necessary skills to function appropriately within their families and community. Program staff work closely with parents to instruct them on using Applied Behavior Analysis (ABA) procedures to help their children achieve their maximum level of functioning. Texas Panhandle Centers Autism Program is based on a sliding scale. Insurance and private pay also accepted.

Texas Panhandle Centers (TPC)

Child and Adolescent Mental Health Services

Amarillo	Lubbock - StarCare Specialty Health	Plainview Central Plains Center
806.354.2191	806.740.1414	806.291.4470
Crisis Line	Mental Health Crisis Line	Crisis Line
800.692.4039	800.687.7581	800.687.1300
www.texaspanhandlecenters.org/childrens-services/ https://www.starcarelubbock.org/ https://centralplains.org/mental-health-services/child-and-adolescent/child-and-adolescent-psychiatric-services/		

- ❑ Sliding Scale Fee, Insurance or Medicaid
- ❑ Services for Children at Risk
- ❑ Ages 3-17

Services available for individuals diagnosed with mental disorders, emotional disturbances, at risk of placement, or whose daily functioning is significantly impaired.



Texas Panhandle Centers (TPC)

Services to At Risk Youth and their Families (STAR)

Amarillo	Borger	Clarendon	Dalhart
806.359.2005	806.274.2297	806.341.0200	806.244.7297
Crisis Hotline	Hereford	Pampa	Perryton
806.359.6699	806.363.7695	806.662.9666	806.435.3601 ext. 241
texaspanhandlecenters.org/services-to-at-risk-youth-star-program			

- ❑ No Cost
- ❑ Ages 0-17
- ❑ Children who have Runaway, Been Truant, Delinquent, or have Experienced Family Conflict

Services provided to families and children include: counseling, crisis resolution/interventions, anger management, prevention of child abuse and neglect, emergency residential placement, parent education, and case management.

Texas Panhandle Centers (TPC) Suicide and Crisis Center

Amarillo	Lubbock StarCare Specialty	Plainview–Central Plains Center
806.359.6699	806.740.1414	806.293.2636
Toll Free	Toll Free	Toll Free
800.692.4039 or 988	800.687.7581	800.687.1300
starcarelubbock.org www.texaspanhandlecenters.org/saving-lives/ www.clplains.org		

- ❑ 24 hour Crisis Line
- ❑ Resident of the Top 32 Counties of Texas
- ❑ No Cost

24-hour source of emergency assistance for suicide and crisis situations, information and referral, and educational presentations for youth and adults on stress management and suicide prevention.

Texas Panhandle Centers (TPC)

Respite Services

Amarillo	806.351.3212
www.texaspanhandlecenters.org/respite/	

- ❑ Must Have Intellectual Disabilities (IQ below 70) or Related Condition
- ❑ All Ages Accepted
- ❑ Must Complete Screening/Intake Process
- ❑ Medicaid, Private Insurance, or Sliding Scale Fees Apply

Services include: on-site facility respite program, short term respite services, and 24 hour per day placement designed to provide relief to consumers and their families.

***Respite services are also available under some of the Medicaid Waiver Programs beginning on page 31.*



Families' Respite Program - Uniting Parents

Administrative Office – Amarillo	Dumas Sub-Office	Lubbock Sub-Office
806.337.1700 ext. 212	806.935.8687	806.785.5818
888.892.2273	800.442.7893	877.488.9068
www.cohs.net/Uniting-Parents		

- Serving the top 32 TX Panhandle Counties
- Camp Scholarships
- Post Secondary Scholarship
- Parent Networking Opportunities
- Ages 0-21
- Reimbursement Program

Support can be found by providing respite to children with intellectual disabilities or significant disabilities requiring assistance with activities of daily living. Family members can choose to take a break from the daily care of a loved one with disabilities using this program. Camp scholarships and post secondary scholarships are available for the inclusion of children and young adults with disabilities in the community. Families' Respite is one of several programs at the Coalition of Health Services, Inc.

Non-Educational Community-Based Support Services

Region 16 Special Education Services—Amarillo	Region 17 Special Education Services—Lubbock
806.677.5210	806.792.4000
www.esc16.net	www.esc17.net

- Eligible Students with Disabilities
- Respite Care
- Attendant Care
- Funds for Non-Educational Needs
- Offered Statewide Through Educational Service Center and CRCG's

Funds are used for eligible students with disabilities who, without the provision of non-educational community-based support services, would remain or would have to be placed in residential facilities for education reasons. The intent of the state legislation is for LEAs to provide services that are unallowable purchases with education funds, to help families of this population care for their students, and to enable families to better cope with having an individual with a disability at home.

Texas Parent to Parent (TexasP2P)

Toll Free	866.896.6001
www.txp2p.org	

- Matching Parent Program
- Parent Listservs in 10 Different Areas Statewide
- Annual Parent Conference
- Online Resource Directory

A statewide non-profit created by parents for parents of children with disability. Provides support, information, and education to families of children with disabilities. TexasP2P provides services to families of children of all ages.

Texas Ramp Project

Richardson (Main Office)	214.558.0339
http://www.texasramps.org/	

- Build Free Ramps for those in need
- Referrals by healthcare professionals only
- Texas wide

A non-profit organization in Texas that works to provide ramps to those in need. Priority is given to those Hospice facilities, dialysis patients, and are living alone and cannot leave their home. All referrals must be done by healthcare professionals and/or social workers. Services offered in Amarillo and Lubbock.

Texas School for the Blind and Visually Impaired

Austin	Toll Free
512.454.8631	800.872.5273
www.tsbvi.edu/	

- Expanded Core Curriculum
- Short-Term Programs
- K-12 Comprehensive Programs
- Transition to Adult Life
- Summer Programs

TSBVI works with schools, communities, and organizations to transform educational outcomes for students, ages birth to 22.



Texas Scottish Rite Hospital & Dyslexia Center

(214) 559-5000 –Dallas	469-857-2222 & 469-515-7222 Frisco
Dyslexia Center	214-559-7815
https://scottishriteforchildren.org/care-and-treatment/dyslexia	

- Younger than 18 needing Orthopedic Care
- Children with Learning Disabilities and Dyslexia
- Requires a Doctor's Referral

Treats many of the world's most complex orthopedic cases, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia

Texas State Library's Talking Book Program

Austin	Toll Free
512.463.5458	800.252.9605
https://www.tsl.texas.gov/tbp/index.html	

- Books and Magazines in Large Print, Braille, or Audio
- Special Equipment
- Quarterly Newsletter

(TBP) provides free library services to qualifying Texans with visual, physical, or reading disabilities. TBP is part of the National Library Service to the Blind and Print Disabled, a program administered by the Library of Congress. The TBP collection consists of more than 100,000 titles, including hundreds of titles in Spanish, and some in French, German, Russian, and other languages.

Texas Technology Access Program (TTAP)

Toll Free	800.828.7839
ttap.disabilitystudies.utexas.edu	

- Demonstration on the different types of tools
- Loan Program - Tools or Grants
- Recycle and Reuse Program

Assistant Technology is a tool or service used by individuals with disabilities to help improve their quality of life and increase their independence. The TTAP Program works to improve access, advocacy, and awareness of assistive technology to meet the needs of Texans with disabilities.

Respite Resources

Early Childhood Intervention (ECI) Respite Services

Region 16 ESC ECI (20 Northern Counties)	806.677.5224
www.esc16.net	

Texas Panhandle Center ECI (Potter/Randall)	806.358.8974
www.texaspanhandlecenters.org/early-childhood-intervention/	

Central Plains Center ECI (Plainview)	806.291.4416
www.clplains.org/services/eci	

DEBT ECI (Lubbock)	806.219.0550
Fax: 806.766.1286	

- Respite Care for Children, Birth to 3 Years Old
- Infants with Developmental Delays
- Enrolled in the ECI Program
- Limited Funding

Children enrolled in the ECI program may be able to access respite services upon request. Please check with your ECI case worker. Caregivers may be chosen by parents to provide the respite care. Reimbursement for respite services is arranged through the program with the help of the case worker.



NOTES



Uniting Parents

Administrative Office – Amarillo	Dumas Sub-Office	Lubbock Sub-Office
806.337.1700 ext. 212	806.935.8687	806.785.5818
888.892.2273	800.442.7893	877.488.9068
www.cohs.net/Uniting-Parents		

- ❑ Parent Case Management Services
- ❑ Information and Referral Services
- ❑ Education and Advocacy
- ❑ Transition to Adulthood
- ❑ Post Secondary Scholarships

This program offers a network of support to families caring for children with chronic illnesses and/or disabilities under the age of 21 across 32 Texas Panhandle counties at no cost. Families are linked to trained parents who have experience in raising a child with a disability or chronic illness. The parent case managers help families and/or young adults with disabilities find the resources they need. Uniting Parents is one of several programs at the Coalition of Health Services, Inc., a non profit agency.



Women, Infants, and Children Program (WIC)

Amarillo	Dumas	Plainview
806.371.1119	806.935.4494	806.293.0182
Lubbock	Toll Free	Hereford
866.907.0080	800.942.3678	806.364.7692
https://texaswic.org		

- ❑ Available Statewide
- ❑ Pregnant Women and Postpartum Women
- ❑ Children under the age of 5

Provides prenatal and postpartum care for women and their newborns. Also, provides pediatric well baby services, immunizations, food and formula distribution, and nutrition education for low-income.

WorkForce Solutions Panhandle - Child Care Services

Amarillo/Texas Panhandle	Lubbock/South Plains
806.372.5521	806.744.3572
Toll Free	Toll Free
877.967.5228	800.658.6284
https://wspanhandle.com/child-care/ https://workforcesouthplains.org/child-care-services/	

- ❑ Financial assistance for child care
- ❑ Serves children from birth to 13 years of age
- ❑ Special funding for children with disabilities; must have doctor's note stating disability

Texas Workforce Commission provides financial assistance for child-care services in different settings to families that meet eligibility requirements. Also, provides training, support, and technical assistance for child-care providers.



Youth Empowerment Service (YES Waiver)

Texas Panhandle Centers (TPC) Amarillo Area	Central Plains Centers Plainview Area	Star Care Lubbock Area
844.207.7630	844.313.1113	806.500.3689
https://www.texaspanhandlecenters.org/yes-services/ https://www.starcarelubbock.org/services/mental-health-services/community-based-services/youth-empowerment-services/ www.clplains.org https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html		

- ❑ Must Have Serious Emotional Disturbance
- ❑ Ages 3 to 18 Years of Age
- ❑ Provides Comprehensive Home & Community-Based Mental Health Services
- ❑ Meet the Criteria to be in a Psychiatric Hospital

The YES Waiver not only provides flexible supports and specialized services to children and youth at risk of institutionalization up to the age of 19 and/or out-of-home placement due to their serious emotional disturbance, but also strives to provide hope to families by offering services aimed at keeping children and youth in their homes and communities.



STAR+PLUS Home and Community Based Services (HCBS) Waiver

Toll Free

877.782.6440

<https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html>

- ❑ Must Have an Intellectual Disability
- ❑ Medicaid Eligible
- ❑ On HCS Interest List
- ❑ Live in Their Own Home or With Their Family

STAR+PLUS is a Texas Medicaid managed care program for adults who have disabilities or are age 65 or older. Adults in STAR+PLUS get Medicaid health-care and long-term services and support through a health plan that they choose. Services include personal assistance services; respite care; home nursing services; home-delivered meals; minor home modifications; adaptive aids; medical equipment and supplies; adult foster care; assisted living; cognitive rehabilitation; and occupational, physical and speech-language therapy.

Texas Home Living Program (TxHmL)

TX Panhandle Centers 806.351.3213	Central Plains 806.291.4433	StarCare 806.740.1421
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<https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html>

- ❑ Must Have an Intellectual Disability
- ❑ On Medicaid
- ❑ On HCS Interest List

Once on HCS interest list individuals are pulled at the state level according to interest list status and meanwhile continue to be on HSC interest list while receiving TxHmL services. Parents cannot place their child on this waiting list. Eligible persons must already have Medicaid to qualify for this program. Services include: therapies, home modification, adaptive aids, respite, community support, behavior support, nursing, employment supports, etc. *Please refer back to HCS on page 32 for further information.*



Medical Programs

Amarillo Public Health Department

806.378.6300

www.amarillopublichealth.org

Clinical Services include:

- ❑ Immunization clinic for children and adults with Medicaid, no insurance or underinsured. 8-4 M-F, by appointment.
- ❑ STD clinic by appointment. 8-5 M-F
- ❑ TB testing and treatment 8-4 M-F, by appointment.

Amarillo Public Health is responsible for promoting and protecting health while preventing disease with integrity and compassion for our community. They provide clinical services in addition to public health services such as public health emergency preparedness, communicable disease investigation and follow-up, maternal child health programs, and other health education.

Children's Health Insurance Program (CHIP)

Toll Free: 800.686.3831

TDD: 1.800.735.2989

<https://www.texaschildrenshealthplan.org/get-covered>

- ❑ Available Statewide for children ages 0 - 18
- ❑ Must not have Medicaid or Private Insurance

Children in Texas without health insurance may be able to get low cost or free health coverage from this Program (CHIP). This program covers office visits, prescription drugs, dental care, eye exams, glasses, and much more. Premiums are based on income, expenses, and number of family members.

Children With Special Health Care Needs (CSHCN SP)

Department of State Health Services - Region 1

Amarillo	Lubbock	Toll Free
806.655.7151	806.783.6452	800.252.8023

www.dshs.state.tx.us/region1/cshcn.shtm
<https://www.dshs.texas.gov/cshcn/>

- ❑ Texas Resident
- ❑ CSHCN Coverable Condition
- ❑ Younger than 21 or any age with Cystic Fibrosis
- ❑ Income Requirements

Medical services include medical, dental, mental health, prescriptions, durable medical equipment, therapies, case management, transportation, Family Support Services (FSS), Insurance Premium Payment Assistance (IPPA), etc. CSHCN applicants must apply for Medicaid and CHIP and send copies of determination to the regional DSHS office.

Community First Choice (CFC)

Toll Free	877.541.7905
https://hhs.texas.gov/services/health/medicaid-chip/programs-services/community-first-choice	

- Medicaid Eligible
- Need help with activities of daily living
- Need an institutional level of care

CFC is a program that enables Texas Medicaid to provide the most cost effective approach to basic attendant and habilitation service delivery. Services available in CFC are: personal assistance services, habilitation services, emergency response services, and support management.

Health Insurance Premium Payment Program (HIPP - Medicaid) OR Insurance Premium Payment Assistance (IPPA- CSHCN)

Toll Free	800.440.0493
https://www.hhs.texas.gov/services/financial/health-insurance-premium-payment-hipp-program	

- Available Statewide
- Medicaid Eligible
- Child covered under employer based insurance

HIPP or IPPA is a Texas Medicaid program that pays for the cost of medical premiums for Medicaid and CSHCN recipients. The program reimburses clients or employers for payment of private health insurance when a person is eligible for Medicaid or CSHCN, covering costs such as co-pays and co-insurance costs.

Heal the City Free Clinic

Amarillo	Fax	Email
806.231.0364	806.418.6827	info@healthcityamarillo.com
https://www.healthcityamarillo.com/		

- Free Medical Clinic
- Assist the Uninsured
- Dental, Vision, Spiritual, and Wellness Care

Heal the City provides quality medical care while taking a holistic approach to the person and provides community resources to its patients. Volunteers are welcomed and donations are accepted.

Home and Community-Based Services (HCS)

Intakes at the following centers:

Texas Panhandle Centers (TPC) - Amarillo Area	Central Plains Centers—Plainview Area	Star Care - Lubbock Area
806.351.3212	806.291.4433	806.740.1421

texaspanhandlecenters.org/home-and-community-based-services-hcs-program/
<https://centralplains.org/idd/>
<https://starcarelubbock.org>

<https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html>

- Eligibility is based on child's income
- Persons with Intellectual Disabilities
- All ages

Provides individualized services and support to persons with intellectual disabilities who are living with their family, in their own home, in other community settings, or group homes with less than four residents. Services include case management, therapy services, habilitation, residential assistance, nursing, dental treatment, supported employment, adaptive aids/supplies, home modifications and other services.

Medically Dependent Children's Program (MDCP)

Interest List Information and Registration	877.438.5658
https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html	

- Available Statewide
- Meet disability criteria for Social Security or Medicaid
- Meet criteria for admission into a nursing home
- Younger than 21

MDCP provides a variety of services to qualified children allowing them to live at home, such as respite services, home modifications, adaptive aids, homemaker services, and supports to enable eligible children to participate in childcare, post secondary education, or increase a person's independence.



Medicaid Waivers

Traditionally, waives income guidelines. Children with disabilities become eligible for Medicaid based on their own income and not their parent’s income and their disability. Services may not be available right away so you will be put on an interest list and contacted when services become available.

Community Living Assistance and Support Services (CLASS)

Interest List Information and Registration	877.438.5658
https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html	

- Diagnosed with a Related Condition Before Age of 22
- Substantial functional limitation
- Based on child’s income and resources

Provides home and community-based services to people with related conditions as a cost-effective alternative to an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID) Services include adaptive aids; auditory enhancement/auditory integration training; behavior support; case management; cognitive rehabilitation therapy; dental services; dietary services; employment services; minor home modifications; nursing; occupational and physical therapy; personal assistance services; respite; speech and language therapy; transition assistance services and transportation.

Deaf-Blind Multiple Disabilities Program (DBMD)

Interest List Information and Registration	877.438.5658
https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html	

- Individuals Who are Deaf-Blind or Function as a Person with Deaf blindness
- Diagnosed by the Age of 22
- Must Meet Level of Care Criteria for Placement in an ICF/IID

Provides home and community-based services to consumers to communicate and interact with their environment. It is a cost-effective alternative to an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). Services include adaptive aids and medical supplies; assisted living; audiology; behavioral support services; case management; day habilitation; dental services; dietary services; employment services; minor home modifications; nursing; occupational and physical therapy; respite; and speech, hearing and language therapy services.

Medicaid Buy-In for Adults

Amarillo	Lubbock	Toll Free
806.376.7214	806.797.8870	211
https://hhs.texas.gov/services/health/medicaid-chip/programs-services/children-adults-disabilities/medicaid-buy-adults		

- Adults who are working
- Have a physical, intellectual, developmental, or mental disability
- Don’t live all the time in a nursing home, state hospital, or intermediate care facility for people with intellectual disabilities

This program can help pay medical bills for adults with disabilities. It helps adults who need health insurance, but make too much money to get traditional Medicaid. Adults “buy in” to Medicaid by paying a monthly premium. This program pays for many health-care services for adults.

Medicaid Buy-In for Children

Amarillo	Lubbock	Toll Free
806.376.7214	806.797.8870	211
https://hhs.texas.gov/services/health/medicaid-chip/programs-services/children-adults-disabilities/medicaid-buy-children		

- Child younger than 18 and not married
- Meet the SSI disability rules
- U.S. citizen and/or TEXAS legal resident

This program can help pay medical bills for children with disabilities. It helps families who need health insurance, but make too much money to get traditional Medicaid. Families “buy in” to Medicaid by paying a monthly premium. This program pays for many health-care services for children.

Medical Transportation Program (MTP)

Toll Free	877.633.8747 or Healthplan number
https://hhs.texas.gov/services/aging/long-term-care/transportation	

- Available Statewide
- Medicaid (Children and Adults) or Children with Special Health CareNeeds recipients

MTP sets up non-emergency rides for people who cannot get to their Medicaid health-care visits, including people on Medicaid, children who get services through the CSHCN program, and people in the Transportation of Indigent Cancer Patients program. The program can pay back (reimburse) someone who uses their personal car to drive a Medicaid or CSHCN client.

Northwest Texas Healthcare System Behavioral Health

Amarillo	Toll Free
806.354.1810	800.537.2585
https://nwthsbehavioralhealth.com/inpatient-services/	

- ❑ 24 Hour Emergency Assessments
- ❑ Adults and Mature Adults
- ❑ Intensive and Outpatient Services
- ❑ Children and Adolescents
- ❑ Substance Use and Detoxification
- ❑ Uniformed Services Program
- ❑ Biofeedback Program

Our structured treatment provides individuals with the skills to resolve crisis situations, develop self-awareness, learn coping skills, improve social skills and promote individual responsibility and autonomy. The goal of treatment is to teach individuals to better manage their emotions, resolve grief over past traumas, express feelings, improve relationships and live their lives with purpose, direction and fulfillment.

Personal Care Services (PCS)

Amarillo	Lubbock	Toll Free
806.655.7151	806.744.3577	888.276.0702
https://hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/texas-health-steps/personal-care-services		

- ❑ Physical or mental disability and/or health problem
- ❑ Medicaid Eligibility
- ❑ Children under the age of 20
- ❑ Physician Statement Required

PCS is a Medicaid benefit that helps clients with everyday tasks. These tasks are called activities of daily living (ADLs) and instrumental activities of daily living (IADLs) such as: bathing, eating, going to the toilet, dressing, walking, laundry, light housework and fixing meals.



Shriners Children's Texas Hospital

Galveston	409.770.6600
Toll Free	888.215.3109
https://www.shrinerschildrens.org/en/locations/texas/contact-us	

- ❑ Children (younger than 18) who need orthopedic, burn, cleft palate services and other services
- ❑ No Cost

Children with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate are eligible for care and receive all services regardless of the patients' ability to pay or insurance status.

Star Kids

hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starkids

- ❑ Children who are 20 or younger that have a disability
- ❑ Covered by Medicaid
- ❑ SSI or/and Medicare, MDCP, YES, ICF/IID or nursing facility, Medicaid Buy-In, or gets services through DADS and IDD waiver programs

Provides Medicaid benefits to children with disabilities. Those enrolling in the STAR Kids program will choose a health plan and a primary care physician or clinic who will provide basic medical services.

Star +Plus Program

hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starplus

- ❑ 21 or Older Receiving SSI and Medicaid
- ❑ With a Disability or
- ❑ Receiving Medicaid through the Social Security Exclusion Programs or
- ❑ Residing in a Nursing Home & on Medicaid or
- ❑ Star +Plus Home and Community Based Waiver Service

STAR+PLUS is for adults who have disabilities or are age 65 or older. People in STAR+PLUS get Medicaid health-care and long-term services and support through a medical plan that they choose. Another feature of STAR+PLUS is service coordination. A STAR+PLUS staff member works with the member, the member's family, and the member's doctors and other providers to help the member get the medical and long-term services and support they need.